

## **Barb Helm**

Barb Helm is the Executive Director of Arcare, Inc. Arcare is a non-profit corporation offering future planning, guardianship, and financial services to individuals with disabilities and their families. Barb has been in the position of Executive Director for 28 years. Barb holds a degree in social work from the University of Kansas. She is a Licensed Social Worker and a National Certified Guardian. She was instrumental in the development of the Arcare Pooled Trust Program and has been administering the trust since its inception in 1996. The Arcare Trust Program serves over 1000 beneficiaries residing in Kansas, Missouri, Oklahoma, Nebraska and Iowa. Barb is a frequent speaker at community and continuing legal education events speaking on the topics of Planning for a Family Member with a Disability, Special Needs Trusts, and The Arcare Trust Program. Phone - 913-951-3704, email - [barbh@arcare.org](mailto:barbh@arcare.org), Web site - [www.arcare.org](http://www.arcare.org)