

## **INTRODUCTION:**

The Delayed Sentence Program at Bill Johnson Correctional Center in Alva, Oklahoma, is designed to focus on the youthful, first time offender with a delayed incarceration of not less than 180 days nor more than one (1) year in length. The program provides preparatory tools which enhance the opportunity for the trainee to re-enter society as a productive citizen. Treatment staff in conjunction with correctional staff provide a daily structured program with face to face therapeutic contacts utilizing group and individual counseling techniques. Upon arrival to the program, all trainees participate in the Regimented Treatment program and promote to the Therapeutic Community. Progression through the program is based upon the trainees ability to model pro-social attitudes and behaviors.

## **PROGRAMS:**

Regimented Treatment  
Cage Your Rage  
Life Without a Crutch  
Straight Ahead to Recovery  
Re-Entry  
Partners in Parenting  
Thinking for a Change  
Cognitive Behavioral Relapse Prevention  
Moral Reconciliation Therapy  
Education (Literacy, ABE, GED, and college)  
Tutoring/Mentoring Program  
Therapeutic Community  
Ancillary Programs

## **REGIMENTED TREATMENT:**

Drill Instructors (DI) and unit staff monitor each trainee's behaviors and implement regimentation on the high structure floor of the program. The DI's utilize behavior modification techniques to help facilitate change within the trainee and encourage self-discipline.

New arrivals must complete the following tasks to be eligible for promotion to the Therapeutic Community.

1. Complete new arrival orientation.
2. Pass the Level 1 & 2 physical training test and Level 1 & 2 drill and ceremony test.
3. Will be involved in unit clean-up, and must be inspection ready at all times.
4. Show initiative, motivation, and positive attitudes and behaviors.
5. Attend introductory cognitive behavioral treatment groups including: Cage Your Rage and Life Without a Crutch.

## **MAIN TREATMENT/ THERAPEUTIC COMMUNITY:**

The primary goal of a Therapeutic Community( TC) is to foster personal growth. This is accomplished by changing an individual's life style through a community of concerned people working together to help themselves and each other.

The Therapeutic Community represents a highly structured environment with defined boundaries, both moral and ethical. It employs community imposed sanctions and penalties as well as earned advancement of status and privileges as part of the recovery and growth process. Thus, being part of something greater than oneself, is an important factor for facilitating positive growth.

The Therapeutic Community includes many members from unit staff, correctional officers, and trainees in various capacities from an awareness brother to a hierarchy member.

### **Requirements of the Therapeutic Community**

1. Abide by all cardinal, family, and group rules.
2. Must contribute to the community and exhibit respect and other pro-social behaviors
3. Participate in core cognitive behavioral treatment programs including Moral Reconciliation Therapy and Thinking for a Change.