

**The Mission Statement**  
**Bill Johnson Correctional Center**  
**Delayed Incarcerate Program**

The Delayed Sentence Program is to provide young offenders the tools to lead a successful life in society. Also, to introduce pro-social behaviors and attitudes that may enhance their ability to have positive relationships in their lives.

**Cage Your Rage**

This curriculum will help trainees deal with their emotions and think before reacting to situations. They will be given tools to develop more positive ways to recognize and deal with anger and reactions associated with their anger.

**Life Without a Crutch**

This curriculum is a cognitive behavioral based course designed to help trainees understand the effects, causes, and different types of addiction. This curriculum brings awareness to the destruction addiction causes in one's life, introduces trainees to the tools of recovery, and the awareness to live a productive life.

**Cognitive Behavioral Relapse Prevention**

This curriculum is designed from two different curriculums. "Unlock Your Thinking" is a cognitive behavioral course designed to examine attitudes, beliefs, and behaviors. The curriculum is to help create a positive self-image, promote growth of a positive, productive identity, and facilitate the development of higher stages of moral reasoning in individuals. "Straight Ahead to Recovery" is developed to help substance abusers maintain sobriety by: social networking, support groups, dealing with family issues, effective communication skills, dealing with stress, managing anger in relationships, and preparing for challenges in the future.

**Straight Ahead to Recovery**

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**Re-Entry**

This is a curriculum developed to give individuals the tools to be successful and have knowledge of the expectations of society. Also, to help prepare trainees to enter into the workforce and be successful and productive in a workplace.

**Partners in Parenting**

This curriculum is designed to address the needs and concerns of parents. This curriculum focuses on concepts important for parenting effectiveness such as communication skills, guidance techniques, and positive discipline strategies.

**Thinking for a Change**

This curriculum is a cognitive behavioral course designed to introduce tools to change attitudes, beliefs, and thinking patterns. Also, to promote positive thinking to replace the thinking that has caused problems in their lives thus far.

**Moral Reconation Therapy**

This curriculum is a cognitive behavioral course designed to examine attitudes, beliefs, and behaviors. Also, to provide a step-by-step treatment designed to enhance self-image, promote growth of a positive, productive identity, and facilitate the development of higher stages of moral reasoning in individuals.



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**Delayed Sentence  
Program**

Oklahoma Department of Corrections

Oklahoma  
Department of Corrections

**Delayed Sentence Program**



Warden: **Janice Melton**  
Deputy Warden: **Craig Beavers**



## **INTRODUCTION:**

The Delayed Sentence Program at Bill Johnson Correctional Center in Alva, Oklahoma, is designed to focus on the youthful, first time offender with a delayed incarceration of not less than 180 days nor more than one (1) year in length. The program provides preparatory tools which enhance the opportunity for the trainee to re-enter society as a productive citizen. Treatment staff in conjunction with correctional staff provide a daily structured program with face to face therapeutic contacts utilizing group and individual counseling techniques. Upon arrival to the program, all trainees participate in the Regimented Treatment program and promote to the Therapeutic Community. Progression through the program is based upon the trainees ability to model pro-social attitudes and behaviors.

## **PROGRAMS:**

Regimented Treatment  
Cage Your Rage  
Life Without a Crutch  
Straight Ahead to Recovery  
Re-Entry  
Partners in Parenting  
Thinking for a Change  
Cognitive Behavioral Relapse Prevention  
Moral Reconciliation Therapy  
Education (Literacy, ABE, GED, and college)  
Tutoring/Mentoring Program  
Therapeutic Community  
Ancillary Programs

## **REGIMENTED TREATMENT:**

Drill Instructors (DI) and unit staff monitor each trainee's behaviors and implement regimentation on the high structure floor of the program. The DI's utilize behavior modification techniques to help facilitate change within the trainee and encourage self-discipline.

New arrivals must complete the following tasks to be eligible for promotion to the Therapeutic Community.

1. Complete new arrival orientation.
2. Pass the Level 1 & 2 physical training test and Level 1 & 2 drill and ceremony test.
3. Will be involved in unit clean-up, and must be inspection ready at all times.
4. Show initiative, motivation, and positive attitudes and behaviors.
5. Attend introductory cognitive behavioral treatment groups including: Cage Your Rage and Life Without a Crutch.

## **MAIN TREATMENT/ THERAPEUTIC COMMUNITY:**

The primary goal of a Therapeutic Community( TC) is to foster personal growth. This is accomplished by changing an individual's life style through a community of concerned people working together to help themselves and each other.

The Therapeutic Community represents a highly structured environment with defined boundaries, both moral and ethical. It employs community imposed sanctions and penalties as well as earned advancement of status and privileges as part of the recovery and growth process. Thus, being part of something greater than oneself, is an important factor for facilitating positive growth.

The Therapeutic Community includes many members from unit staff, correctional officers, and trainees in various capacities from an awareness brother to a hierarchy member.

### **Requirements of the Therapeutic Community**

1. Abide by all cardinal, family, and group rules.
2. Must contribute to the community and exhibit respect and other pro-social behaviors
3. Participate in core cognitive behavioral treatment programs including Moral Reconciliation Therapy and Thinking for a Change.