

# PROS

## Peaceful Resolutions for Oklahoma Students

### Introduction to Peer Mediation

Peer Mediation is a program that teaches strategies to young people which allows them to handle conflicts in a positive and constructive manner. With proper training and application of that training, students learn to use conflict as a positive force that can lessen the detrimental effects of conflict and increase social skills and personal image of self.

In fact, over the last thirty years, over 5,000 schools across the nation have established conflict mediation programs.

#### Conflict Mediation Programs help to:

- (1) Decrease violence and fighting;**
- (2) Reduce name-calling and put downs;**
- (3) Decrease the number of suspensions;**
- (4) Increase self-esteem and self-respect among peer mediators;**
- (5) Enable teachers to deal more effectively with conflicts; and**
- (6) Improve school climate.**

*Research distributed by the National Association for Mediation in Education (NAME)*

There are benefits for student conflict mediators, the student body at large, families, and society. The benefits will follow students for the rest of their lives.

### Five Stages of Mediation

#### STAGE 1

Introduction

#### STAGE 2

Telling the Story

#### STAGE 3

Put yourself in the other person's position

#### STAGE 4

Problem Solving

#### STAGE 5

Writing Agreement