

## Community Resources

- **211 Oklahoma**

Connects people with important community services seven days a week, 365 days a year.

[www.211oklahoma.org](http://www.211oklahoma.org)

Dial 211

- **Insure Oklahoma**

Allows Oklahomans who are temporarily unemployed to purchase health insurance through the state.

[www.insureoklahoma.org](http://www.insureoklahoma.org)

888-365-3742

- **HealthCare.gov**

The Marketplace at HealthCare.gov allows individuals to compare health plans on a level playing field. Middle- and low-income families will get tax credits that cover a significant portion of the cost of coverage.

[www.healthcare.gov](http://www.healthcare.gov)

800-318-2596

- **Food Pantries**

Oklahoma has two food banks that distribute food to pantries across the state. The Regional Food Bank of Oklahoma serves 53 counties in central and western Oklahoma, and the Community Food Bank of Eastern Oklahoma distributes food to pantries in 24 counties in eastern Oklahoma.

To locate a food pantry near you, contact:

– In western and central Oklahoma:

[www.regionalfoodbank.org/process\\_gethelp.php](http://www.regionalfoodbank.org/process_gethelp.php)

405-972-1111

– In eastern Oklahoma:

[www.okfoodbank.org/get-help](http://www.okfoodbank.org/get-help)

918-585-2800

- **Consumer Credit Counseling Services**

This nonprofit agency helps people help themselves through free financial counseling, debt management and education.

[www.cccsok.org](http://www.cccsok.org)

In OKC Metro: 405-789-2227 / Outside of the OKC Metro: 800-364-2227