

DELAYED SENTENCE PROGRAMS:

CAGE YOUR RAGE

Designed to help develop more positive ways to recognize and deal with anger and reactions associated with their anger.

REENTRY

Developed to give individuals the tools to be successful and have knowledge of the expectations of society. Also, to help prepare trainees to enter the workforce and be successful and productive in a workplace.

LIFE WITHOUT A CRUTCH

A cognitive behavioral-based course designed to help trainees understand the effects, causes, and different types of addiction. Brings awareness to the destruction addiction causes in one's life, introduces trainees to the tools of recovery, and the awareness to live a productive life.

COGNITIVE BEHAVIORAL COUNSELING

A cognitive behavioral course designed to examine attitudes, beliefs, and behaviors. The program helps create a positive self-image, promote growth of a positive, productive identity, and facilitate the development of higher stages of moral reasoning in individuals. Exercises are

utilized to promote positive thinking to replace the thinking that has caused problems in their lives thus far.

PARTNERS IN PARENTING

Designed to address the needs and concerns of parents. Focuses on concepts important for parenting effectiveness such as communication skills, guidance techniques, and positive discipline strategies.

STRAIGHT AHEAD TO RECOVERY

Developed to help substance abusers maintain sobriety by: social networking support groups, dealing with family issues, effective communication skills, dealing with stress, managing anger in relationships, and preparing for challenges in the future.

MORAL RECONATION THERAPY

A cognitive behavioral course designed to examine attitudes, beliefs, and behaviors. Also, to provide a step-by-step treatment to enhance self-image, promote growth of a positive, productive identity, and facilitate the development of higher stages of moral reasoning in individuals.

MISSION

The Delayed Sentence Program is to provide young offenders the tools to lead a successful life in society. Also, to introduce pro-social behaviors and attitudes that may enhance their ability to have positive relationships in their lives.

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Produced by the
Executive Communication Office 4/2014

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