

DELAYED SENTENCE PROGRAMS:

CAGE YOUR RAGE

Designed to help develop more positive ways to recognize and deal with anger and reactions associated with their anger.

REENTRY

Developed to give individuals the tools to be successful and have knowledge of the expectations of society. Also, to help prepare trainees to enter the workforce and be successful and productive in a workplace.

LIFE WITHOUT A CRUTCH

A cognitive behavioral-based course designed to help trainees understand the effects, causes, and different types of addiction. Brings awareness to the destruction addiction causes in one's life, introduces trainees to the tools of recovery, and the awareness to live a productive life.

COGNITIVE BEHAVIORAL COUNSELING

A cognitive behavioral course designed to examine attitudes, beliefs, and behaviors. The program helps create a positive self-image, promote growth of a positive, productive identity, and facilitate the development of higher stages of moral reasoning in individuals. Exercises are

utilized to promote positive thinking to replace the thinking that has caused problems in their lives thus far.

PARTNERS IN PARENTING

Designed to address the needs and concerns of parents. Focuses on concepts important for parenting effectiveness such as communication skills, guidance techniques, and positive discipline strategies.

STRAIGHT AHEAD TO RECOVERY

Developed to help substance abusers maintain sobriety by: social networking support groups, dealing with family issues, effective communication skills, dealing with stress, managing anger in relationships, and preparing for challenges in the future.

MORAL RECONATION THERAPY

A cognitive behavioral course designed to examine attitudes, beliefs, and behaviors. Also, to provide a step-by-step treatment to enhance self-image, promote growth of a positive, productive identity, and facilitate the development of higher stages of moral reasoning in individuals.

MISSION

The Delayed Sentence Program is to provide young offenders the tools to lead a successful life in society. Also, to introduce pro-social behaviors and attitudes that may enhance their ability to have positive relationships in their lives.

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OKLAHOMA
DEPARTMENT OF CORRECTIONS

Bill Johnson
CORRECTIONAL CENTER

DELAYED SENTENCE PROGRAM

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The Delayed Sentence Program at Bill Johnson Correctional Center in Alva, Oklahoma, is designed to focus on the youthful, first time offender with a delayed incarceration of not less than 180 days or more than one (1) year in length. The program provides preparatory tools which enhance the opportunity for the offenders, (referred to as “trainees”) to re-enter society as a productive citizen. Treatment staff in conjunction with correctional staff provide a daily structured program with face to face therapeutic contacts utilizing group and individual counseling techniques. Upon arrival to the program, all trainees participate in the Regimented Treatment program and promote to the Therapeutic Community. Progression through the program is based upon the trainees ability to model pro-social attitudes and behaviors.



REGIMENTED TREATMENT

Drill instructors and unit staff monitor each trainee’s behaviors and implement regimentation on the high structure floor of the program. The drill instructors utilize behavior modification techniques to help facilitate change within the trainee and encourage self-discipline.

New arrivals must complete the following tasks to be eligible for promotion to the Therapeutic Community.

1. Complete new arrival orientation.
2. Pass the Level 1 & 2 physical training test and Level 1 & 2 drill and ceremony test.
3. Will be involved in unit clean-up and must be inspection ready at all times.
4. Show initiative, motivation, and positive attitudes and behaviors.
5. Attend introductory cognitive behavioral treatment groups including: Cage Your Rage and Life Without a Crutch.



THERAPEUTIC COMMUNITY (TC)

The primary goal of TC is to foster personal growth. This is accomplished by changing an individual’s lifestyle through a community of concerned people working together to help themselves and each other.

TC represents a highly structured environment with defined boundaries, both moral and ethical. It employs community imposed sanctions and penalties as well as earned advancement of status and privileges as part of the recovery and growth process. Thus, being part of something greater than oneself, is an important factor for facilitating positive growth.

TC includes many members from unit staff, correctional officers, and trainees in various capacities from an awareness brother to a hierarchy member.