

J. D. McCarty Center

for children with developmental disabilities



Programs & Services



We are Oklahoma's center of excellence



The McCarty Center is Oklahoma's center of excellence in the care and treatment of children with developmental disabilities.

As a pediatric rehab hospital, the McCarty Center specializes in complex cases of developmental disabilities. We are the only hospital of our kind in Oklahoma.

At the McCarty Center we help children with developmental disabilities learn to move, eat, play and communicate better. We offer a positive environment where children are encouraged and empowered.

Our staff shares a wealth of experience and uses the most current rehabilitation techniques to bring out the best in our kids.

The McCarty Center is also a place where parents find support for themselves and their families through our respite program.

And, the McCarty Center is where parents find hope - hope in the smile on their child's face.

Established in 1946, the McCarty Center treated just one diagnosis - cerebral palsy. Today we've treated more than 100 different diagnoses in the developmental disability category. Since 1946, we have evolved into Oklahoma's center of excellence in the care and treatment of children with special needs.



Our primary goal is to achieve functionality and independence

The kids that come to us for treatment face big challenges that may begin at birth and usually continue throughout their lives.

We may not be able to eliminate these challenges, but we can help find ways to meet and overcome them.



Children who come to our hospital are evaluated and treated by a team of pediatricians and pediatric specialists; physical, occupational and speech-language therapists; a dietitian, registered nurses and LPN's; a pediatric psychologist; and direct care specialists who focus on discovering what the child can do, rather than what the child cannot do.

Everything we do at the McCarty Center is about two things: creative problem solving and adaptation. Our staff works to creatively solve some of the challenges that stand in the way of patients and then adapt the tools and their environment so they can achieve their highest level of functionality and independence.



McCarty Center services

The McCarty Center offers a wide variety of therapeutic and medical services and clinics for inpatients and outpatients. Services available include:

Therapeutic services:

- Physical therapy
- Occupational therapy
- Speech-Language therapy
- Alternative/augmentative communication
- Psychological services
- Nutrition therapy and counseling
- Aquatic therapy
- Sensory integration
- Independent living training
- Family training
- Feeding and swallowing disorders
- Neuromuscular electrical stimulation therapy
- Therapeutic listening
- VitalStim® therapy



Medical services:

- Pediatrician
- Pediatric orthopedics
- Pediatric ophthalmology
- Pediatric Physiatrist
- Pediatric Gastroenterologist

Clinics:

- Equipment
- Orthopedic
- Vision
- Neurology/behavior
- Physiatry
- Gastrointestinal

Free Therapeutic Screening:

The McCarty Center provides a free therapeutic screening service for children who have a diagnosis of a developmental disability or for parents who have concerns about their child's development.

Our screening team is composed of a pediatrician, nurse, social worker and a psychology clinician. When the team has completed their screening process they will sit down with you to review what services are available for your child here at the McCarty Center as well through other state and federal programs..

We also screen for Autism.

A screening is required before an inpatient admission to the McCarty Center.

For more information about a therapeutic screening call the hospital and ask to speak to a social worker.



Unique inpatient services

Comprehensive inpatient evaluation

This is the McCarty Center's most intensive service. A team of health care professionals evaluate your child. That team includes: a pediatrician, a therapist from each therapy discipline, a dietitian, a nurse, direct care specialists, a psychology clinician and social worker.

The team teaches treatment techniques to the family and assists in coordinating the child's care.

The length of stay at the McCarty Center depends on each child's needs and how quickly the child reaches his or her therapy goals.

If your child attends school in your home community, he or she won't miss any school while at the McCarty Center for treatment.

The McCarty Center has full-time special education on the hospital campus. Special education teachers are provided by the Norman Public School System.

Independent Living

Some children with special needs are capable of living on their own or independently with some assistance. In order for them to do that they've got to learn life skills.

The McCarty Center's independent living activities are designed to teach older teens the skills they'll need to live on their own. Teens in the program are taught how to cook, handle housekeeping chores, do laundry, manage

money and obtain transportation and other services they'll need to survive on their own.



Respite care

This service is designed to give parents needed time off to take care of themselves or other family members, tend to family business, take a vacation or just relax.

The respite program is intended to relieve stress and help preserve the family.

Children in respite care can stay at the McCarty Center for a total of 7 days one time per year.

While in respite care, our nursing staff and direct care specialists provide care for your child around the clock.

Children in respite do not attend school or receive therapy while they are here, but do participate in recreational activities, including field trips.

The respite program is primarily funded by a federal grant. Most families will pay nothing.

Your child's treatment team

Pediatrics

A board-certified pediatrician monitors each child and leads the treatment team. These pediatricians are very experienced in the care of children with special needs. Attending physicians are:

- Eileen Fox, MD
- James Fields, MD
- Thomas Thurston, MD

24-hour nursing care

Each patient is assigned to a hospital unit where the watchful eyes of our nursing staff follow the children 24 hours a day. The nurses monitor each patient's health status and teams up with the therapy staff to develop a plan of care for each child. The unit nurse ensures our direct care staff are following the therapeutic goals and guidelines established for each patient to help them reach their fullest potential during the admission. These services are provided 365 days a year:

- Development of individualized plans of care
- Physical and functional assessment
- Administration of medications and treatments
- Administration and monitoring of tube feedings
- Post-operative care and pain management
- On-going behavior modification/development of self care skills
- Evaluation of progress
- Patient/family education
- Assistance with transition into the community



Social services

The social worker is the family's direct line to the treatment team during their child's inpatient admission. Each social worker locates community and financial resources, helps coordinate team meetings and supports the family. Social services leads a mobile screening team that allows families to complete the intake process in their own community. During this process, a social worker introduces families to resources available throughout the state and services provided by the McCarty Center that include inpatient and respite care. Services available include:

- Information and referral
- Education of patient, family, public and community
- Support groups
- Case management
- Liaison activities between the treatment team, family and community
- Discharge and after-care planning

Your child's treatment team

Physical therapy

Our licensed physical therapists help children overcome neuromuscular deficits with exercise, handling techniques and adaptive equipment. All children are encouraged to learn transitional skills and mobility at their highest level of independence. Services available include:

- Evaluation of movement dysfunction
- Splinting
- Gait training
- Adaptive equipment evaluation and use
- Aquatic therapy
- Cardiovascular endurance training
- Balance, coordination and reflex development
- Joint mobility and flexibility
- Muscle strengthening
- Developmental activities/gross motor skills (rolling, crawling, kneeling, etc.)
- Post operative care
- Serial casting
- Community mobility training
- Therapeutic exercise
- Posture analysis
- Treatment or prevention of physical deformities
- Pain management
- Wheelchair training



Occupational therapy

Occupational therapists use purposeful experiences to help children improve motor, cognitive, self-care, social and independent living skills. Therapists network heavily with parents, teachers, other health care professionals and the community to develop programs in the child's hometown and to educate all parties about the needs and rights of each child. Since independence is the main goal of many patients, therapists begin teaching the basics of independent living when the child and family show interest. Services available include:

- Self-care
- Sensory motor activities
- Perceptual motor coordination
- Oral motor and feeding skills
- Pre-vocational skills
- Post operative muscle re-education
- Adaptive equipment/splinting
- Specialized seating
- Cognitive skills
- Daily living and independent living using an on-site apartment
- Fine and gross-motor activities
- Vocational abilities
- Functional movement
- Leisure interests
- Sensory integration



Your child's treatment team

Communication disorders

Pediatric speech-language pathologists assess and treat children who have communication and swallowing disorders. Each therapist has specialized skills treating a wide range of abilities. Each child receives a comprehensive assessment that identifies specific recommendations for the child. Services available include:

- Receptive and expressive communication
- Augmentative communication/PEC
- Literacy skills/Payne Education Approach
- Oral motor skills/Beckman Oral Motor/Talktools
- Feeding and swallowing/VitalStim®/SOS approach
- Speech fluency
- Hearing screenings
- Social language skills
- Therapeutic Listening
- Transition from alternative feeding
- VitalStim®



Adaptive recreation

The recreation program uses fun activities to teach kids how to socialize with peers and adults, as well as members of the community. This provides physical activity, psychological benefits and socialization opportunities. Recreation offers something for everyone at the hospital. Services available include:

- Leisure skills: vocal/instrumental music, hobbies, painting or ceramics
- Animal therapy
- Outdoor education: gardening, horticulture, horseback riding
- Community re-entry outings featuring field trips to local attractions and sporting events
- Children's library



Your child's treatment team

Nutritional services

Proper nutrition enables your child to grow at the expected rate, learn, build immunity to infection and maintain a good energy level.

A registered and licensed dietitian delivers quality food and nutritional care to your child. Special considerations are given to your child's oral-motor skills, medical condition and activity levels.

We offer a GI clinic with a pediatric specialist who will evaluate your child's specialized gastrointestinal needs.

In addition, we conduct feeding assessments for children with feeding issues. Your child will be assessed by a dietitian, a speech-language pathologist and an occupational therapist to determine what services will best meet their needs. Services available include:

- Nutritional screening
- Modified diet evaluation and processing of diets
- Individualized patient/family education and counseling
- Evaluation and monitoring of enteral feedings
- Nutrient intake analysis



Psychological services

Our clinical psychologist and psychological clinicians evaluate your child's cognitive functioning and recommend educational and behavioral programming and services to enhance their development. Information regarding cognitive functioning is used in behavioral assessments and in the development of individualized behavioral strategies and plans. The McCarty Center is unique because all therapy, nursing and education staff are trained and implement the behavior plans throughout the day. Services available include:

- Evaluation of intellectual and adaptive functioning
- Autism screening and evaluation
- Family consultation, parent education and training, support services and referrals to community resources
- Behavioral assessment
- Development of behavioral strategies incorporated into individualized behavior modification plans
- Daily monitoring of behavior
- Patient support services and referrals
- Parent/guardian training on behavioral strategies and implementation of behavior plans.

Related services

Contract therapists

The McCarty Center will contract with school districts to provide therapy services at schools.

Since 1996, this program has worked well to help schools meet federal requirements to provide therapy services for students with special needs.

For more information, school officials should contact Cindy Lewis. You will find the telephone number under the heading “contact information” on the back cover of this brochure.



Teletherapy

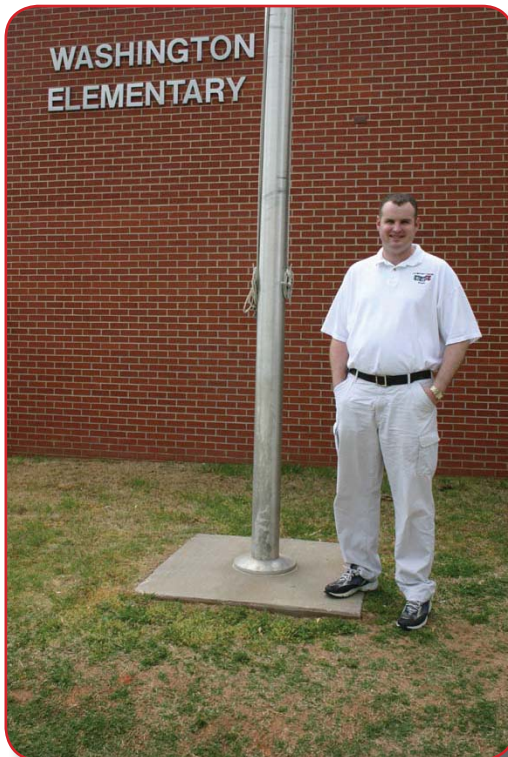
Using the latest in Internet technology, the McCarty Center can provide physical, occupational, speech and language therapy and counseling services to children throughout Oklahoma.

The McCarty Center pioneered the use of teletherapy in Oklahoma beginning in 1996.

Using a two-way, live, interactive video system, our therapists and counselors can provide services to anyone with access to a broadband Internet connection.

Teletherapy has been particularly helpful to schools that are in remote rural areas and face challenges in recruiting therapists to the area to meet IEP guidelines.

For more information, school officials should contact Cindy Lewis at the number listed under “contact information” on the back cover of this brochure.



Volunteer opportunities



As a volunteer, do not underestimate the value and power of your contribution to the McCarty Center.

Volunteers are used in a variety of ways, and we're always looking for better ways to utilize volunteers. Individual volunteers help out in various departments doing things like clerical work, inventory, answering phones for nurses, working with therapists, reading to the kids and much more. The minimum age for an individual volunteer is 16.

Volunteer groups help with large projects around the hospital and host activities for our patients like carnivals and dances.

To find out more about how to become a McCarty Center volunteer, visit our web site at www.jdmc.org, or call the volunteer coordinator at 405.573.5342.



Camp Claphans

Camp ClapHans is a residential summer camp project of the J. D. McCarty Center for special needs children ages 8 to 18. It's the only camp in Oklahoma that is specifically designed and built for kids with disabilities.

Camp ClapHans gives campers a camping experience they might not otherwise have. It builds confidence. It fosters independence.

Camp activities include canoeing, fishing, horseback riding, archery, arts and crafts, indoor and outdoor games, swimming, campfires, story telling and much more. And all of the camp's activities are adaptable to the camper's abilities.

Camp ClapHans has a 1:1 camper to camp staff ratio and is accredited by the American Camp Association.

For more information about Camp ClapHans call the camp director at 405.307.2814.



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