

Your days are full. You balance the needs of your special needs child, your family and job everyday with little or no real break. You go through life at a certain stress level that has become “normal” for you.

Everyone needs a break. A time that you can spend on yourself to relax and rejuvenate your energy. A time to spend with other kids in the family who may feel left out at times because of the care demands required for their brother or sister. Or time to rekindle your relationship with your spouse. A time when you can both relax, and just be, for a little while. A time to reconnect.

The J.D. McCarty Center for children with developmental disabilities in Norman offers a respite program for families like yours. For up to 7 days a year you can leave your child in our care for the respite break you need and deserve to recharge yourself.

Whether you go to the beach, the lake or just sit around an Oklahoma pond and dangle a fishing line, your child will be well taken care of by our staff of pediatricians, registered nurses and direct care specialists.

The McCarty Center has been caring for children like yours since 1946. They'll be in good hands while you relax, recharge and reconnect.

