

How to schedule a respite stay

Because bed space for a respite stay is extremely limited, admissions must be scheduled two months in advance.

For example, if you desire to schedule a week of respite care in May, you will need to call on the first business day of March at exactly 8:00 a.m.

Typically, the first four people who call on the first business day of the month, two months prior to the month they desire to schedule a respite admission, may successfully schedule a respite admission.

The number to call is 405.573.5354, or 1.800.777.1272 and ask for extension 5354. When you call this number you get voicemail. The call is time stamped and we will know the order of your call. Leave your name, telephone number, the name of your child and their age.

Someone will then call you back within the next week to advise you of the status of your respite request.

Don't wait. Plan your respite break today.



Respite:
an interval of rest or relief

J. D. McCarty Center
for children with developmental disabilities



2002 East Robinson Street
Norman, Oklahoma 73071
www.jdmc.org

Your days are full. You balance the needs of your special needs child, your family and job everyday with little or no real break. You go through life at a certain stress level that has become “normal” for you.

Everyone needs a break. A time that you can spend on yourself to relax and rejuvenate your energy. A time to spend with other kids in the family who may feel left out at times because of the care demands required for their brother or sister. Or time to rekindle your relationship with your spouse. A time when you can both relax, and just be, for a little while. A time to reconnect.

The J.D. McCarty Center for children with developmental disabilities in Norman offers a respite program for families like yours. For up to 7 days a year you can leave your child in our care for the respite break you need and deserve to recharge yourself.

Whether you go to the beach, the lake or just sit around an Oklahoma pond and dangle a fishing line, your child will be well taken care of by our staff of pediatricians, registered nurses and direct care specialists.

The McCarty Center has been caring for children like yours since 1946. They'll be in good hands while you relax, recharge and reconnect.

