



**SENIOR FARMERS'
MARKETS**

NUTRITION PROGRAM



Oklahoma Department of
Human Services

**Aging
Services**



What is the Senior Farmers' Market Nutrition Program (SFMNP)?

The SFMNP provides eligible seniors with fresh produce from local farmers markets. Seniors will receive debit cards worth \$50 that can be used at participating farmers markets to purchase fresh, locally grown fruits, vegetables, unprocessed honey and uncut herbs.





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Am I eligible for the SFMNP?

You are eligible for the program if you are:

- A resident of Oklahoma
- Age 60+ (or age 55+ if you are Native American);
- Low income (185% of Federal Poverty Level); and
- Near a participating farmers market.

Income guidelines

Household Size	Annual	Monthly	Weekly
1	\$21,775	\$1,815	\$419
2	\$29,471	\$2,456	\$567
3	\$37,167	\$3,098	\$715
4	\$44,863	\$3,739	\$863
5	\$52,559	\$4,380	\$1,011
6	\$60,255	\$5,022	\$1,159
7	\$67,951	\$5,663	\$1,307
8	\$75,647	\$6,304	\$1,455
Add'l	+\$7,696	+\$642	+\$148






How do I apply for SFMNP benefits?

Call the Senior Info Line at 1-800-211-2116 or 2-1-1 to be connected with a local agency.

Or call DHS Aging Services at (405) 521-2281 and leave your name, address and phone number to be placed on a waiting list.

Once funding becomes available, SFMNP applications will be sent to interested seniors starting in May.

The cards will expire on the last day of October, so you will need to reapply for benefits every year.

A photograph of a man and a woman at a farmers market. The man, on the left, is wearing a light blue polo shirt and is smiling. The woman, on the right, is wearing a patterned brown and white top and is also smiling. They are both holding a woven basket filled with red apples. In the background, there are more baskets of produce and a sign that partially reads "1-800-845-1234".

This program is made possible through funding from the USDA Food and Nutrition Services, and through partnerships with various organizations, farmers markets and farmers across Oklahoma.

I represent a farmers market and would like to join the program.

Please call DHS at (405) 521-2281 for information on how to be a participating farmers market.

Where is the program located?

As of 2015, participating markets are located in the counties of:

Adair, Cherokee, Cleveland,
Logan, Muskogee, Nowata,
Oklahoma, Okmulgee,
Pottawatomie, Stephens
and Tulsa.

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