

Is Smoking Really a Problem in Pregnancy?	8
What Do I Need to Know About Drug Use?	8
Other Pregnancy Recommendations	8
Sexually Transmitted Infections (STIs)	9
Unhealthy Relationships	9
Dental Health	9
I'm Sick to My Stomach. What Can I Do?	9
I Don't Feel Good. What Should I Do?	11
Postpartum Depression	15
What Problems Should I Call My Provider For?	15
Important Information to Know Towards the End of Pregnancy	16
Can You Tell Me More About Breastfeeding?	17
Safe Medication List During Pregnancy	18
Resources	19